



Milestones

Child First Name **Child Last Name**

DOB: 8/1/2023

Age at enrollment: 7 days (0 month)

Enroll date: 8/8/2023

Family: Family Name

Guardians: Guardian First Name Guardian Last Name

Home Visitor: Home Visitor

1½ to 3½ months

Language	Emerging	Achieved	Emerging	Achieved
Turns head in the general direction sounds are coming from. ²				
Looks at a person's eyes and mouth when they are speaking. ¹				
Makes sounds with saliva.				
Coos, using vowel sounds like "aah," "eee," and "ooo."				
Takes turns vocalizing with caregiver or after others*				
Moves or wakes at the sound of nearby voices or noises. ²				
Notices and enjoys objects that make sounds.				

Cognitive	Emerging	Achieved	Emerging	Achieved
Notices own hands. ¹				
Watches own hand movements. ¹				
Bats at objects hanging within reach.* ¹				
Visually follows people and things past the center of own body. ¹				
Focuses on an object up to 3 inches in size from 10 inches or further from self. ¹				
Looks around when awake.				
Combines two actions, like sucking and looking.				

Social-Emotional	Emerging	Achieved	Emerging	Achieved
Smiles "on purpose" at people (for example, to show pleasure). ¹²				
Cries to signal a need - might be hungry, wet, or tired.				
Imitates some of the facial movements of others.*				
Shows excitement when sees or hears own caregivers; recognizes faces and voices. ¹²				
Self-soothes by sucking on finger or pacifier.				

Motor	Emerging	Achieved	Emerging	Achieved
Moves arms and legs with purpose.				
Lifts head when lying on tummy and turns it from side to side.				
Visually tracks an object horizontally and vertically. ¹				
Uses both eyes to look from one object to another. ¹				

Holds head steady when held against caregiver's shoulder.				
Pushes legs against a firm surface.				
Brings hands to mouth.				
Brings hands together				
Opens hands and uses them to hold an object (like a rattle).*				

Notes

None

¹ Vision supported milestone

² Hearing supported milestone

*Milestones marked with an asterisk align with the approaches to learning construct, which is sometimes identified as a fifth domain. It refers to the learning styles, habits, motivation, and attitudes that reflect how children develop new skills and concepts.